

Supporting BAME communities to thrive

# RETIREMENT LIVING SCHEMES





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## INDEPENDENT LIVING WITH CARE

Nehemiah has 8 innovative retirement living schemes for anyone aged 55+ that all have ONE thing in common – every scheme provides affordable, comfortable self-contained flats that come with a range of onsite facilities and care to enable better health, wellbeing, and lifestyle for all residents.

# THE RETIREMENT LIVING SCHEMES

Every self-contained flat has its own lounge, kitchen, and bathroom with either a walk-in shower or bath, and at least one bedroom.

The flats are fitted with a 24-hour warden call alarm system to ensure help and support is available at all times of the day or night, for total peace of mind.





# **REDUCE SOCIAL ISOLATION**

Each retirement living scheme is a community within a community - there are communal spaces to enable residents to socialise with each other and the schemes are all located in the heart of the local community with easy access to the shops and services nearby. Being central in the community also means being able to stay close to family and friends.

# WHAT THE RETIREMENT SCHEMES OFFER

# FOCUS ON INDEPENDENT LIVING WITH SUPPORT WHEN YOU NEED IT

The schemes offer an affordable way to live independently long into retirement and support better health, wellbeing, and lifestyle thanks to complete peace of mind and comfortable living.

#### **Assistive technology**

Security comes as standard our Telecare is a service that helps to support and enhance the opportunity for people to continue to live in their own home and maintain an Independent lifestyle. This also supports with keeping people feel safe & improving quality of life.

**Your flat is your home** - and comes unfurnished so you can decorate it to your tastes and wants and live as independently as you wish.

However, your home offers so much more than a place to live thanks to the onsite support, amenities, activities, and communal spirit.



# SO MUCH MORE THAN A FLAT...

### WHAT'S ON OFFER?

Onsite facilities at the retirement living schemes are designed to help with lifestyle and wellbeing, and include:

- 24-hour warden call alarm system
- Designated days for Scheme Managers to be onsite
- Residents' lounge
- Hair salon\*
- Laundry facilities\*
- IT suite\*
- Guest room
- Meeting room
- Quiet room\*
- Key safes in each flat\*
- Colour-coded corridors\*
- Organised social activities such as bingo, dominoes, fitness classes\*

- Communal garden\*
- Vegetable garden and greenhouse (at Henry Court)
- Weekly visits by local church for prayer meetings\*
- Visits and support from local agencies and extra care providers
- Befriending services
- Places of worship nearby
- Easy access to local amenities on foot or via bus service
- Wi-Fi available in communal areas
- Small dogs and cats are accepted
- Gaelic classes (at Father Joe Taaffe House)

\* available at many but not all schemes

# WORKING IN PARTNERSHIP

Our retirement schemes as well as providing independent living also provide through key partnerships, between many professionals, community organisations and individuals, care packages for those who may need extra support and assistance.

Providing housing is also about providing for the community and we recognise that it is important to work closely with the community and we are proud of our close ties to the communities around our schemes, the church and other local organisations, and initiatives.



### ABOUT NEHEMIAH HOUSING ASSOCIATION



Nehemiah Housing is a housing association with more than 30 years' experience and a forward-facing focus. Specialising in high quality housing with care for those aged 55 and over we care deeply about the older members of our society and about the communities we live in.

In addition to providing retirement schemes, we also provide homes for families and single people and have a total of 1,244 properties across Birmingham, Coventry, Dudley, Sandwell, Walsall, and Wolverhampton which serve the multicultural communities of African Caribbean, Asian, Irish, and European residents.



# TAKE A LOOK FOR YOURSELF

#### Our retirement living schemes are about so much more

**than accommodation** - each scheme is a home for the individual that enables independent living and a full, happy lifestyle thanks to the range of onsite support and facilities.

Don't just take our word for it – come and see for yourself how our retirement living schemes provide affordable, independent, and comfortable living. We will show you around in a relaxed way, giving you the opportunity to ask questions and decide if a flat in one of our retirement living schemes is right for you. You may need to put your name on the waiting list if no flats are available in your chosen scheme at the time of your visit.





Our retirement living schemes can be contacted directly to arrange a visit or to find out more:

#### **McCalla House**

Laburnum Street Wolverhampton WV3 0BT

T: 01902 429974

#### Shanti Niketan

50 Johnson St Wolverhampton WV2 3BH **T: 0I902 45920I** 

#### **Plummers House**

2I Burlington Street Aston B6 4UB **T: 012I 333 5845** 

## **Nehemiah Court**

Bath Road, Caldmore Walsall WSI 3BS **T: 01922 623660** 

#### **Henry Court**

Charlton St Dudley DYI 3AF T: 01384 240093

Father Joe Taaffe House 163 Alcester Street, Digbeth Birmingham BI2 0PH T: 0121 772 7187

#### **Woodside House**

Lamb Close, Shard End Birmingham B34 7SF

T: 0121 747 4362

#### **Charles Pearson Court**

Mill Drive Smethwick B66 3HE

T: 0121 558 0904

You can also find out more about us on our website **Nehemiah.co.uk** and can contact our head office by emailing **housing@nehemiah.co.uk** or by calling us on **0121 358 0966**.

Please do get in touch for a tour of your chosen scheme or to have an informal chat about the schemes and all they offer. We're always happy to help and to answer any questions you may have.



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- 🕑 @Nehemiahhousing



Registered office is at I-3 Beacon Court, Birmingham Road, Great Barr, Birmingham, West Midlands, B43 6NN

Nehemiah is registered under the Co-operative and Communities Benefit Societies Act 2014 registration number 25952, governed by the National Housing Federation ("NHF") 2011 Model Rules. It is an exempt charity for tax purposes.

Nehemiah is a Registered Provider of Social Housing, registration number L3833 and regulated by the Regulator of Social Housing ("RSH").

Nehemiah Ventures Ltd is a subsidiary of Nehemiah Ltd is registered with the Registrar of Companies for England and Wales, registration number 10933356.